**4.1 Understanding the Difference Between jQuery Methods and Cypress Commands**:

* + jQuery is a JavaScript library that simplifies HTML document traversal and manipulation, event handling, and animation. It provides methods like $(selector).method() to select and manipulate elements.
  + Cypress, on the other hand, is a testing framework for web applications that provides commands like cy.get() and cy.contains() to select elements and perform actions on them during tests.
  + While jQuery is used for client-side web development and interaction, Cypress is used specifically for writing end-to-end tests.